

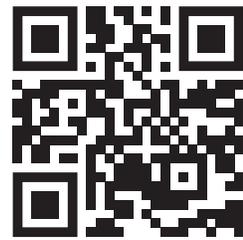
YOUR QUICK START GUIDE

Get started with Jefferson Health Plans! Follow these simple steps to make the most of your Individual and Family Plan.

1. Sign up for our member portal

Access all your plan info in one place. **Scan the QR code** or visit JeffersonHealthPlans.com/Account to set up an account where you can view plan information, access your digital ID card, and more!

**SCAN TO LOG IN OR
CREATE AN ACCOUNT**



2. Enroll in automatic bill pay

Save time and never miss a premium payment. Log in to the member portal to sign up. Or, call us toll free at **1-866-206-1349** if you have an HMO plan or **1-855-734-2943** if you have a PPO plan.

3. Schedule your first FREE PCP visit

Take advantage of this free benefit! Your primary care provider (PCP) can help you manage all aspects of your health.

4. Complete your health survey

After your coverage effective date, take a survey to tell us more about your health. We'll provide you with helpful information, resources, and tools to meet your needs. Complete it by logging into the member portal, or go to JeffersonHealthPlans.com/HealthSurvey.

5. Sign up for virtual care through JeffConnect

Get connected to Jefferson providers 24/7. Register now for virtual visits when you need them for non-emergency care. Visit JeffConnect.org to set up your account.

Questions?

Call **1-833-422-4690 (TTY 1-877-454-8477)**

Care Close to Home

 Choose from our broad network of doctors, hospitals, and other trusted providers located close to where you live.

Visit [JeffersonHealthPlans.com/Providers](https://www.JeffersonHealthPlans.com/Providers) to view our full provider directory and search for doctors and hospitals.

Your Rx Benefits

 Save on prescriptions with Jefferson Health Plans. Get lower costs on generics and coverage for many brand names. Learn more and see which drugs are covered at [JeffersonHealthPlans.com/individuals-families/prescription-drugs](https://www.JeffersonHealthPlans.com/individuals-families/prescription-drugs).

Know Where to Go



VIRTUAL CARE

You have 24/7 access to Jefferson providers without ever leaving your home through JeffConnect.

USE FOR:

Common medical concerns like colds, coughs, fevers, digestive issues.



PRIMARY CARE PROVIDER

Your PCP knows you best, offering personalized care from routine checkups to more complex needs.

USE FOR:

Yearly well visits, vaccinations, non-life-threatening emergencies.



URGENT CARE

Walk-in appointments and extended hours make it easy to get seen in-person quickly.

USE FOR:

Minor allergic reactions, asthma attacks, sprains, severe cuts.



EMERGENCY ROOM

In a life-threatening emergency, visit the emergency room (ER) to receive care immediately.

USE FOR:

Signs of heart attack or stroke, major injury, and other medical emergencies.

Live Well

Your health plan offers this essential coverage:

- Hospitalization
- Outpatient Services
- Emergency Services
- Prescription Drugs
- Pregnancy, Maternity & Newborn Care
- Mental Health Services
- Laboratory Services
- Preventive & Wellness Services
- Pediatric Services
- Rehabilitation & Habilitation Services — and more

We're Here for You

Call us at **1-833-422-4690**, TTY: **1-877-454-8477** to speak with one of our friendly representatives.

We are available:

Apr 1 – Sep 30 **Oct 1 – Mar 31**
8 a.m. to 8 p.m. **8 a.m. to 8 p.m.**
Monday – Friday **Monday – Friday**

Website:
[JeffersonHealthPlans.com/Individuals-Families](https://www.JeffersonHealthPlans.com/Individuals-Families)

Member Handbook:
[JeffersonHealthPlans.com/MemberHandbook](https://www.JeffersonHealthPlans.com/MemberHandbook)