



Follow these simple steps to get the most from your Individual and Family Plan.

✓ **1. Set up your member account**

Setting up an account will make your life easier by giving you access to your plan's benefits, coverage and other important information—all in one place.

You can do this online by visiting the Log In Page at JeffersonHealthPlans.com/Account

✓ **2. Enroll in Automatic Bill Pay**

It's simple, convenient and secure. Call us toll free at **1-866-206-1349** or log in to your online member account to sign up. This service saves you time and postage by automatically withdrawing your monthly premium payment from a credit card, prepaid debit card, bank debit card or bank account.

✓ **3. Select a primary care provider (PCP)**

This will be the main doctor you'll see for most of your basic health needs. To choose one, call our Member Relations team at **1-833-422-4690**.

If you do not decide on a primary care provider within 14 days after enrollment, we'll assign you one. (You can change your selection at any time.)

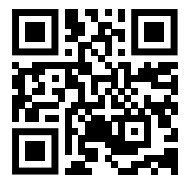
✓ **4. Complete your Health Survey**

Completing this important survey helps us provide you with the tools and support you need. Plus, it helps you take advantage of all the benefits your health plan offers. Complete it online here: JeffersonHealthPlans.com/HealthSurvey

✓ **5. Schedule your annual wellness exam**

Along with your Health Survey, this is an important "next step" toward staying on the path to good health.

SCAN NOW
TO CREATE AN
ACCOUNT



Find the quality care you need

See reverse.

Call 1-833-422-4690 (TTY 1-877-454-8477)

Get the care you need—close to home

Our broad network works for you

Jefferson Health Plans gives you access to quality healthcare—including the acclaimed Jefferson Health System. Our network is made up of local providers and hospitals ready to help you and your family stay healthy.

Find doctors, hospitals and other providers

Use our powerful search tool or view our full Provider Directory at JeffersonHealthPlans.com/Providers.

Good health starts with your primary care provider

Visit your primary care provider for basic healthcare.

If you need more medical attention:

- **Virtual Visits via JeffConnect**

See a Jefferson Health Plans provider by video 24/7 using your smartphone, tablet or computer. It's a great option if you're dealing with minor issues like a cold, cough, flu or fever.

- **Urgent Care**

Go to an urgent care center for conditions like ear infections, fevers or sprains.

- **Emergency Room (ER)**

Seek the nearest ER for things like broken bones, uncontrolled bleeding, labor or chest pains, poisoning, severe burns, seizures and other life-threatening conditions.

Live well. Your health plan offers this essential coverage:

- Hospitalization & Outpatient Services
- Emergency Services
- Pregnancy, Maternity & Newborn Care
- Mental Health Services
- Prescription Drugs
- Laboratory Services
- Preventive & Wellness Services
- Pediatric Services—and more

Reach out to us anytime

Our Member Relations Team is always here to help.

Call **1-833-422-4690**
(TTY 1-877-454-8477)

Oct 1 – Mar 31,
8 a.m. to 8 p.m., 7 days/week

Apr 1 – Sep 30,
8 a.m. to 8 p.m., M-F

Jefferson Health Plans is underwritten by Health Partners Plans, Inc., which is a Pennsylvania Licensed Health Maintenance Organization and Qualified Health Plan Issuer in the Pennsylvania Health Insurance Marketplace.

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